

# IN CELEBRATION OF NATIONAL PUBLIC HEALTH WEEK

**April 6 - 12, 2009**

Building the Foundation for a  
Healthy Sutter County



Sutter County Public Health

Join Us for these No Cost Activities:

## "Community Mall Walk"

Yuba Sutter Mall



Monday, April 6th

7:00a.m.-9:00 a.m.

A Healthy Walk and No Cost Health Screenings

## "Family Fun Night"

Regency Park

Wednesday, April 8th

5:30p.m.-7:00p.m.

Laugh, Play and Get Moving With Your Family



Walk and play here for a breath of fresh air.  
These are tobacco free events.

No Pre-Registration required for activities

For More Information Contact Sutter County Public Health: 822-7215