

# **SUTTER-YUBA MENTAL HEALTH BOARD**

Valley Oak Conference Rooms  
1965 Live Oak Boulevard  
Yuba City, CA 95991  
(530) 822-7200

## ***MINUTES***

Thursday, March 11, 2010

5:30 p.m.

### 1. Call to Order

The meeting was called to order by Chairperson Marc Myers at 5:33p.m. He welcomed everyone to the meeting and subsequently called for roll call.

### 2. Roll Call

In the absence of the Board Secretary, Donna Alcorn, Office Assistant called the roll and the following members were present: Yuba County Supervisor Hal Stocker, Chairperson Marc Myers, Vice Chairperson David Markland, Nick Sohrakoff, Joginder S. Pardesi Cheema, and Ardythe Price.

The following Board Members were excused: Board Secretary Margery Hubbard,

The following Board Member was absent: Sutter County Supervisor Member James Gallagher, Alma Amaya and Patricia Stutte.

Also present was the Mental Health Director Brad Luz, Deputy Mental Health Director of Administrative Services Stephen Marshall and Donna Alcorn, Office Assistant III.

### 3. Action Items:

- a. Approve January 14, 2010 Board Meeting Minutes: *Chairperson Myers moved to approve the Minutes of January 14, 2010 as presented. The motion was duly seconded by Supervisor Hal Stocker and carried by a unanimous voice vote of the members present.*
- b. Approve February 11, 2010 Board Meeting Minutes: *Chairperson Myers moved to approve the Minutes of February 10, 2010 as presented. The motion was duly seconded by Board Member Price and carried by a unanimous voice vote of the members present.*
- c. Consider Setting a Public Hearing on April 8, 2010 to Receive Comments Regarding the MHSA Three-Year Program and Expenditure Plan Update for FY 2010-11: *In conjunction with the April 8, 2010 Board Meeting, the Chair moved to approve setting a Public Hearing during the Board Meeting to receive comments regarding the MHSA Three-Year Program and Expenditure Plan Update for FY 2010-11. The motion was duly seconded by Board Member Price and carried by a unanimous voice vote of the members present.*

4. Program Presentation - Mid-Year Budget Update - Stephen Marshall, Deputy Mental Health Director of Administrative Services. The Deputy Mental Health Director of Administrative Services Stephen Marshall presented the Mid-Year Budget Update. Utilization a series of PowerPoint slides (hard copies also provided the Board), Mr. Marshall previewed the elements of this presentation which included background/trends; current status; and challenges and opportunities. Referencing the Year-to-Date Expenditures and Revenue, he said the overall budget for both Mental Health and Alcohol and Drug programs have been flat or decreasing over the past few years. Staff, he said, has had to deal with cash flow problem caused by State fiscal issues as well as limitations in hiring staff to fill vacancies.

Chairperson Myers asked if other there were avenues in which county mental health agencies were able to generate alternative income sources. In response, the Mental Health Director explained that Sutter-Yuba Mental Health Services (SYMHS) has contracts with surrounding counties to provide bed space for inpatient services. Continuing Mr. Marshall reviewed the mid-year vs. end of year expenditures and said the forecast for the end of the year was based on historical mid-year and end of year actual expenditures and said that overall, expenditures have continued to trend down. Chairperson Myers questioned if county mental health agencies have options to increase service fees. The Mental Health Director Brad Luz explained that counties are able to bill the State for costs in an amount that is determined by the State. Following a period of question and answer, the Chair thanked Mr. Marshall for his presentation.

#### 5. Mental Health Director's Report.

The Mental Health Director Brad Luz reviewed the following program updates:

##### Alcohol & Drug Program:

- The new JAG-OTP program is now operational at Sutter Co. Probation. Staff is doing assessments and groups with non-violent drug offenders.
- The 5<sup>th</sup> Annual Run Drugs Out of Town 5K Run/Walk is April 24<sup>th</sup> at River Valley High School. Volunteers and sponsors are needed. The year's event is partnering with several other events to make it one of the largest community activities.
- First Steps has applied for grants from the First Five Yuba Commission to help fund a part-time childcare specialist. They will be applying to the Sutter County Families First Commission as well.
- Sutter County was chosen to host one of the upcoming Veterans Trauma Trainings to be held at the Veteran's Hall in Sutter County on April 27, 2010. The training is conducted by UCLA in collaboration with the Department of Alcohol and Drug.

##### **Children's System of Care (CSOC)**

- The program has added another wraparound case (CPS not 26.5) and have another referral pending (probation).
- TAY has been taking on new cases as well.
- Reviewing petty cash record keeping with staff
- Staff is participating with Yuba CPS in their self-assessment tool.
- The program is applying for a CDBG grant to start some type of TAY enterprise, like a coffee cart so they can learn employment skills.
- Staff have recently completed a Second Step Program at Park Avenue School and will start another for Migrant Education,
- A video in Punjabi on mental health was recently aired on the local TV program

##### Adult Outpatient Services:

- In addition to ongoing groups & activities which occur on a daily/weekly/monthly basis, the Wellness & Recovery Team is currently working on plans for the 2<sup>nd</sup> Annual Multi-County Wellness & Recovery Rally to be held May 14, 2010, from 1:00 am to 2:00 p.m. The Rally will once again include a Wellness Walk, Consumer Art Show, Raffle, Potluck Lunch & Barbecue, Consumer Fashion Show, Entertainment, and lots of informational and activities booths staffed by agency, consumer, and community members.

- Other program services that were reviewed included Urgent Services, Ethnic Outreach/Ethnic Services, MHSA HOPE Full Service Partnership, MHSA BEST (Bi-County Elder Services Team) and Outpatient Nursing/Psychiatry.

#### 6. Public Comment

There was no public comment.

#### 7. Old Business

There was no old business discussed.

#### 8. New Business

There was no new business discussed.

#### 9. Other Announcements/Correspondence

Chairperson Myers announced the Federal Government mandated the State of California's prison population be reduced by a percentage over time. Prisoners' sentences will be reviewed and hundreds of releases will result in non-revocable and/or no-summary parole. It is expected; Mr. Myers said that SYMHS will see an increase in the number of new clients who may not qualify for public assistance due to this recent mandate.

#### 10. Adjournment

There being no further business brought forward, Chairperson Myers adjourned the meeting at 6:42 p.m.

Respectfully submitted,

Donna Alcorn  
Office Assistant III  
Children's System of Care