

SUTTER-YUBA MENTAL HEALTH BOARD

1965 Live Oak Boulevard
Valley Oak Conference Room
Yuba City, CA 95991
(530) 822-7200

MINUTES

Thursday, September 21, 2006
5:30 p.m.

1. Call to Order

The meeting was called to order by Chairperson Nick Sohrakoff at 5:35 p.m. and he welcomed everyone to the meeting including the guest speaker Matt Madaus, Executive Director of FICS, Thomas Sherry, the newly appointed Deputy Mental Health Director, and Marc Meyers, a guest of the Board.

2. Roll Call

Board Secretary Alma Amaya called the roll and the following members were present:

Yuba County Supervisor John Nicoletti, Chairperson Nick Sohrakoff, Vice Chair Margery Hubbard, Board Secretary Alma Amaya, Board Members David Markland, Keith Pinckney, Joginder Pardesi Cheema, Dr. Charles Clement, Ardythe Price and Keith Pinckney.

The following Board Members were excused:

Sutter County Supervisor Jim Whiteaker and Board Member Patricia Stutte

The following Board Members were absent:

Janice DiCola

Also present was Joan Hoss, Director of Mental Health and Jean Stump, Executive Secretary

Subsequently, self-introductions were offered.

3. Action Items

a. Meeting Minutes of July 20, 2006: *Supervisor Nicoletti moved to approve the meeting minutes of July 20, 2006 as presented. The motion was seconded by Board Member Price and carried by a unanimous voice vote of the members present.*

b. Adopt FY 2006-07 Program Goals as Presented on July 20, 2006. *Referencing the Goals for the Psychiatric Health Facility (PHF), Chairperson Sohrakoff calling attention to a minor correction, suggested that the name be changed to reflect the new interim Program Manager. With that change, Supervisor Nicoletti moved to adopt the FY 2006-07 Program Goals as corrected. The motion was seconded by Board Member Markland and carried by a unanimous voice vote of the members present.*

4. Program Presentation

As he distributed the handouts provided for his presentation, Mr. Madaus said the “*Mission of FICS is to be a catalyst for sustained improvement in the lives of those we touch*”.

FICS, he said began providing services in Sutter and Yuba Counties in April 1996 and recently, moved into the newly renovated Tower Theatre in Marysville. FICS operates under a contract Sutter-Yuba Mental Health Services (SYMHS) to serve children and families in the bi-county community. FICS operates with 51 staff, which consist of a Management Team, five (5) clinical Supervisors; an office services team with five (5) office support staff and IT staff; clinical staff which consists of 25 clinicians, five (5) mental health rehab specialists, six (6) family support counselors, an LVN/Psych Tech, and a psychiatrist. Approximately 35% of FICS staff is culturally diversified with 19% being bi-lingual.

Subsequently, Mr. Madaus provided an overview of the services models used, which included:

School-Based Services – a one year old program designed to provide mental health interventions to emotionally disturbed children, support and training for their parents, families and school professional. These services are prioritized as:

1. Children placed in a “Special Day Classroom” for emotionally disturbed children.
2. Children who have an IEP that identifies the need for services (26.5)
3. Medi-Cal eligible children

Currently, 47 schools are covered throughout both counties in 15 school districts. Elementary schools receive the highest priority for an assigned clinician. Staff provides individual, group and family counseling. Services are provided at the school and/or in the client’s home, depending on the need and family preference.

FCAT (Family and Child Assessment and Treatment) Program – This program has been operating for about three years and is a home-based. The target population is Medi-Cal eligible children involved with Social Services. The average age is between 3 and 12 years. Average length of service is about 9 months and services are provided by a team, comprised of a clinician, and a family support counselor. Emphasis is creating a change in the child’s behavior through improved parenting skills.

Mental Health Services at Juvenile Hall – Services are provided by a licensed clinician and a Masters-level student intern to youth who are incarcerated that include: assessment, individual and family therapy; group therapy, and crisis intervention.

Medication Support services are provided by Dr. William Holloran who is Board Certified in Child Psychiatry and Sandra Lee, LVN/PT, a psychiatric nurse.

Continuing, Mr. Madaus said FICS is committed to using evidenced-based practices that are proven to be effective. Some of these include, The Nurturing Program: a 15-week multi-family group curriculum designed to improve parenting skills and family relationships; Aggression Replacement Training: a group curriculum that helps youth develop social skills,

anger management and moral reasoning; and, Therapeutic Martial Arts: children are selected for this program based upon their need for better control of their impulses and emotions.

In response to questions posed, Mr. Madaus said the vast majority of children seen come from single parent homes and at any given time, there are approximately 550 children in service.

Following a short period of brief discussion, the Chair thanked Mr. Madaus for a most interesting review of the FICS program.

5. Mental Health Director's Report

APS Healthcare (California EQRO) Circulating a copy of the draft report completed by APS, California's External Quality Review Organization (EQRO) for the review of the Medi-Cal Specialty Mental Health Services Waiver Program, Ms. Hoss said that it reflected the findings and recommendations of the EQRO performed on April 26, 2006. Commenting on the EQRO's approach regarding quality measures, Ms. Hoss said that in her view the report contained arbitrary and subjective comments, although overall, the agency did well in the report. However, in light of other urgent needs, she was not willing to put forth, at this time, additional resources to develop abstract approaches (PIP's) to define quality measures.

Recruitment Activities - In light of the number of increased program reviews, Ms. Hoss said she was seeking approval to appoint another Program Manager position to over see QI/QR Activities, noting the increased demand for outcome measures and performance projects required in the review protocols.

As a result of the MHSA, SYMHS has opened recruitment for 24 new positions, which included 12-14 therapists and 4 peer counselors.

Additionally, Ms. Hoss said that the services of two locum tenans (temporary physicians) are continuing to be used until permanent replacements are found created by recent resignations of staff.

MHSA Funding - Piggybacking on comments she made during the July meeting, Ms. Hoss said that although she has not been formally notified, said there were indications that SYMHS could expect to receive as much as 30% more in funding from the MHSA. In light of this projection, Ms. Hoss said that it may be necessary to reconvene the public planning process to identify other areas of unmet needs. Supervisor Nicoletti said consideration to fund other critical areas of unmet needs should be considered, rather than increase the funding for the programs already developed. In response, Ms. Hoss said she would like to fund services for people coming to the attention of law enforcement who have psychiatric illness, particularly those people who pose an ongoing risk to the community.

Methamphetamine Addiction Conference – Referencing the upcoming conference, Ms. Hoss reminded the Board to contact Jean Stump if they wanted to attend the day-long conference scheduled to be held on Friday, October 13, 2006.

Results of EPSDT Audit - As a result of the Early and Periodic Screening, Diagnosis and Treatment (EPSDT) audit conducted the week of August 28, 2006; Ms. Hoss said she was pleased to report that out of 192 audited notes only two were disallowed for a total of 30 minutes. The audit team was very complementary of our practices and the quality of documentation and services SYMHS provides.

6. Public Comment

There was no public comment offered.

7. Old Business

There was no old business brought before the Board.

8. New Business

a. Resignation of Janice DiCola – Referencing the letter of resignation received from Janice DiCola during the summer vacation, the Chair said a notice of vacancy had been posted with the Board of Supervisors.

b. Consider Application Received to Fill Vacancy on the Mental Health Board: Supervisor Nicoletti moved to *recommend that the Sutter County Board of Supervisors appoint Marc A. Meyers to the vacant “Family Representative” seat on the Mental Health Board. The motion was seconded by Board Member Stutte and carried by the following vote:*

Ayes: Supervisor Nicoletti, Chairperson Sohrakoff, Alma Amaya, Charles Clement, Margery Hubbard David Markland, Joginder S. Pardesi Cheema, and Ardythe Price.

Noes: None

Abstaining: Keith Pinckney

Absent: None

Excused: Sutter County Supervisor Whiteaker and Board Member Patrica Stutte

9 Information & Correspondence

a. California Mental Health Planning Council – Attention was directed to the invitation received to attend the October 18, 19 and 20, 2006 Public Meeting of the California Mental Health Planning Council scheduled to be held at the Radisson Hotel in Sacramento. Board Member Markland reported he would be attending as a representative of the CALMHB/Commission as an alternate and urged all members, who have the time, to attend the meeting if possible.

b. Grant - Enforcing Under Age Drinking Laws – Supervisor Nicoletti said he was starting-up a project in conjunction with San Diego State University through an Alcohol Beverage Control sponsored grant to enforce under-age drinking laws. By taking an environmental

approach, the way the grant is designed is to use all local law enforcement in the area with the Yuba County Sheriff's department being the lead to involve a large cross section of community agencies, i.e., Mental Health, Beale AFB, Friday Night Live (FNL) and area schools in the planning. The first planning meeting is scheduled for Thursday, October 5th at FNL at 1:00 p.m. The Mental Health Director urged Supervisor Nicoletti to contact the Drug and Alcohol Program Manager, Thomas Metcalf and the Prevention Specialist, Dulia Aguilar to participate in the planning on behalf of SYMHS. In response to a question posed, Supervisor Nicoletti said this was a three year grant.

The Mental Health Director suggested that Board Member Hubbard, who also sat on the Substance Abuse Advisory Board (SAAB) review this information with the SAAB at their meeting scheduled for Tuesday, September 27th at 3:00 p.m.

10. Adjournment

There being no further business, the meeting was adjourned by the Chair at 7:10 pm.

Respectfully submitted,

Jean Stump
Executive Secretary