

SUTTER-YUBA MENTAL HEALTH BOARD

Valley Oak Conference Room
1965 Live Oak Boulevard
Yuba City, CA 95991
(530) 822-7200

MINUTES

Thursday, April 20, 2006
5:30 p.m.

1. Call to Order

Chairperson Hubbard called the meeting to order at 5:31 p.m. and she welcomed everyone to the meeting including the guest speaker, Laura Ruble Adult Outpatient Program Manager; and David Markland and Kym Olivas who each submitted applications to fill existing vacancies on the Board. Subsequently, self-introductions were offered.

2. Roll Call

In the absence of the Board Secretary at the beginning of the meeting, Vice Chair Sohrakoff called the roll and the following members were present:

Sutter County Supervisor Jim Whiteaker, Yuba County Supervisor John Nicoletti, Chairperson Margery Hubbard, Vice Chair Nick Sohrakoff, Board Members Charles Clement, Joginder Pardesi Cheema, and Keith Pinckney. Board Secretary Alma Amaya arrived subsequent to the roll call.

The following Board Member was excused:

Patricia Stutte

There following Board Member was absent:

Janice DiCola

Also present was the Program Chief Lynn Tarrant and the Executive Secretary Jean Stump.

3. Action Items:

- a. Approval of February 16, 2006 Meeting Minutes: *Supervisor Whiteaker moved to approve the minutes of February 16, 2006 as submitted. The motion was seconded by Board Member Clement and was carried by a unanimous voice vote of the members present.*
- b. Approval of March 16, 2006 Meeting Minutes. *Board Member Clement moved to approve the minutes of March 16 2006 as submitted. The motion was seconded by Supervisor Nicoletti and was carried by a unanimous voice vote of the members present.*

c. Consider Applications to Fill Vacancies on the Mental Health Board

c.1: David Markland: *Supervisor Nicoletti moved to recommend that the Sutter County Board of Supervisors appoint David Markland to fill the vacant "At Large" seat representing Sutter County. The motion was seconded by Supervisor Whiteaker and was carried by a unanimous voice vote of the members present.*

c.2. Kym Olivas: *Board Member Clement moved to recommend that the Sutter County Board of Supervisors appoint Kym Olivas to fill the vacant "Consumer" seat representing Sutter County. The motion was seconded by Supervisor Nicoletti and was carried by a unanimous voice vote of the members present.*

The applicants were reminded that based upon the Mental Health Board's recommendation, final appointment would be made by the Sutter County Board of Supervisors.

In response to a question posed by Board Member Cheema, it was reported that requests for reappointment (following term expiration) should be directed to the Board of Supervisors.

d. Appoint Ad Hoc Committee to Develop the Annual Year-End Report to the BOS (Board of Supervisors). Following a considerable amount of discussion, the Chair appointed Supervisor Nicoletti and Vice Chair Sohrakoff who each volunteered to develop the annual year-end report (FY 05-06) to the Board of Supervisors. Supervisor Nicoletti will serve as Chair and will make a report at the June meeting.

5. Program Update – Adult Outpatient Services – Laura Ruble, Program Manager

Noting that Adult Outpatient Services provides a number of Outpatient services including Clinical, Forensic Conditional Release (ConREP), Community Support Services and Day Treatment, Ms. Ruble said she would highlight some of the new activities that had been identified in the Mental Health Services Act (MHSA) community planning. She said these activities could be addressed without additional funding to support.

The first, she said was a collaboration of staff from Youth Services, Adult Services and Children System of Care who are now meeting on a regular basis to identify youths aging out of youth services and transitioning into adult services and for the parents in adult services who are identifying needs of their children. Other agencies such as CPS, Welfare and Probation participate in these collaborative meetings as necessary.

The second area of activity she said was collaborating with the Program Manager from the Alcohol and Drug Program to blend, for the first time, staff from the Options for Change (OFC) program and the Adult Outpatient Program to work together to identify and provide services to a specific population (dually diagnosed) simultaneously. Presently, Nancy Lee from Adult Outpatient and Darla Erickson from OFC are focusing on this population by identify the higher needs of this group and conducting weekly groups.

Another new activity that was recognized through the Adult MHSA project was to identify individuals in the jails (Sutter & Yuba County) in need of mental health or substance abuse services, particularly those who were considered unable to understand the charges against them. So far, approximately 17 people have been identified Ms. Ruble said.

In response to a question posed by Vice Chair Sohrakoff regarding how competency is judged and if there is a way for inmates to receive medications and counseling while incarcerated, Ms. Tarrant said she would follow-up with Vice Chair Sohrakoff after the meeting.

In response to another question, Ms. Tarrant said that she and the Assessment Services Coordinator (Linda Loos) have been meeting with jail staff to develop training and processes to follow inmates in need of mental health services following their release from the jails.

6. Mental Health Director's Report

In the absence of the Mental Health Director, the Program Chief, Lynn Tarrant, addressed the Board and reviewed briefly the following items:

1. Ms. Tarrant displayed a quilt donated by former Board Chair Laurie Dennis that will be displayed in the Day Treatment Friendship Club.
2. The Mental Health Association (formerly NAMI) will conduct its annual Salad Luncheon on May 18, 2006 starting at 11:30 am at the Summerfield facility. Tickets are \$6.00 each. Members of the Board were encourage to attend if possible.
3. The Consumer Perception Survey will begin next week Ms. Tarrant said. Surveys will be collected from May 1 through May 6, 2006. There will be Consumer participation to distribute and collect the surveys.
4. An audit, the External Quality Review Organization (EQRO) will be onsite Wednesday, April 26, 2006 to review programs and strategic planning initiatives facing Sutter-Yuba Mental Health (SYMHS). Ms. Tarrant said there will also be interaction with consumers and family members through a focus group and meetings with Management, Supervisory and line staff. EQRO staff will also look at our Information Technology system and review billing and fiscal issues. Clients interested in participating in the review (except members of the Board) should contact Lynn Tarrant.
5. It is anticipated that the remodel of the Psychiatric Health Facility (PHF) will begin in May.
6. Final revisions to the MHSA Community Services and Supports Proposal was nearing completion and it was expected to be released to the State by the end of April.
7. Ms. Tarrant said staff was actively recruiting for the position of Deputy Director, which is the newly developed position to replace the position of Program Chief. Ms. Tarrant said she would assume the position of PHF/PES Program Manager vacated by Dale McBride who retired in December once the Deputy Director position was filled.
8. Lynn distributed a status report of the FY 05-06 Program Goals. She suggested that members review the progress of the goals and follow-up with any comments or questions at next month's meeting.

7. Public Comment

There was no public comment offered.

8. Old Business

There was no old business brought before the Board.

9. New Business

MHB QIC Client Satisfaction Phone Survey: Calling attention to information previously provided in the form of an email, Ms. Tarrant said the Board may be interested in participating in a “Client Satisfaction Phone Survey”, similar to what the Placer County Board did. Using DMH protocol, Ms. Tarrant said the Placer County Mental Health Board made phone calls to clients to gauge service satisfaction and quality.

Following considerable discussion regarding confidentiality issues, HIPAA regulations, results of previous surveys conducted and applicable DMH protocols, it was suggested and agreed that this item come back to the Board for consideration at the next meeting.

In response to a question posed by the Chair, it was reported that training on the “Nurtured Heart” approach would be presented by Sandra Turnbull on May 18 and June 15. Trainings on Seeking Safety as presented by Elke Rechberger are being scheduled for June 23 and July 21. Also on September 21, Dr. Rechberger will conduct a training on Building Resilience, a skill-based intervention for children. Board members were asked to register with Jean Stump if they would like to attend.

In response to a question posed, Board Members Alma Amaya, Nick Sohrakoff and Charles Clement, whose terms on the Board were nearing expiration, will submit a letter to the Board of Supervisors requesting reappointment to the MHB.

In other business, Supervisor Nicoletti thanked both Mr. Markland and Ms. Olivas for their interest in serving on the Mental Health Board and suggested that these minutes reflect unanimous support for their appointment to the Board of Supervisors.

10. Adjournment

There being no further business, Board Secretary Amaya moved to adjourn the meeting. The motion was seconded by Supervisor Nicoletti and at 7:00 pm, the Chair adjourned the meeting.

Respectfully submitted,

Jean Stump
Executive Secretary