

# **SUTTER-YUBA MENTAL HEALTH BOARD**

1965 Live Oak Boulevard  
Yuba City, CA 95991  
(530) 822-7200

## ***MINUTES***

Thursday, September 16, 2004  
Four Rivers Conference Room  
5:30 p.m.

### **1. Call to Order**

The meeting was called to order by Chairperson Laurie Dennis at 5:32 p.m., and she welcomed everyone to the meeting.

### **2. Roll Call**

In the absence Board Secretary Alma Amaya at the beginning of the meeting, Board Member Margery Hubbard called the roll and the following members were present:

Chairperson Laurie Dennis, Board Members Teri Jackson, Margery Hubbard, Keith Pinckney, Terry Single and Patricia Stutte. Board Secretary Alma Amaya and Board Member Charles Clement arrived subsequent to the roll call.

The following Board Member was excused:  
Sutter County Supervisor Whiteaker

The following Board Member was absent:  
Yuba County Supervisor Griego

### **3. Action Items**

*Board Member Pinckney moved to approve the minutes of July 15, 2004 as presented. The motion was seconded by Board Member Hubbard and carried by a unanimous voice vote of the members present.*

### **4 Program Presentation**

#### **Recovery, Support and Advocacy**

The Chair introduced the subject and called upon Ms. LaVon Novak (a member of the Recovery Staff) to present the report. The Recovery, Support and Advocacy program, Ms. Novak said, provides peer support, advocacy, training to peers, community and mental health support groups, and referrals to community services.

The Recovery Staff, she said, co-facilitates a number of groups, which include organizing and developing the curriculum. Groups include: Dual Diagnosis, Brown Bag (a variety of

discussion topics); Friends & Family on the PHF; Women's Group and Family Care Home Visitor's group.

Advocacy services include assistance with paper work for people filing for SSI, Medical, Welfare and renter rebates. Advocacy staff also assists clients with locating affordable housing, provides referrals for tenant's rights or other legal questions, usually to CRLA and assist with special projects as needed.

Throughout the year, Advocacy staff have made presentations regarding mental health and dual diagnosis issues. Typically presentations have been made at service clubs, Friday Night Live, to mental health staff, nursing students, First Steps, the local high schools and the Wellness Recovery Action Plan presented to PreVoc.

Peer activities include helping with the client fashion show in the spring, Great Performances in the fall and assisting with the Annual Client Holiday Party in December.

In conclusion, Ms. Novak said Recovery Staff also participate on the Advisory Board for FREED, the NAMI Board of Directors and the Cultural Competency Committee for Mental Health.

Next, Jeff Haynes, a Resource Specialist, presented a brief overview of the services he provided on behalf of the Recovery, Support and Advocacy Program. Those services, he said, included developing a resource directory of the available services and programs in the bi-county community, which included information about housing, medical and dental. He also reported that he provided transportation training as needed for clients desiring to use the local transit system.

Mr. Haynes said he provided, on a limited basis, office duties in Medical Records, which included: answering telephones, filing charts, pulling charts, locating information for files, such as dates, social security numbers and addresses on the computer and assisted with filing as needed.

In conclusion, Mr. Haynes provided information regarding his activities with "Meals on Wheels" which included: data entry, taking names and donations from clients for their meals at the Senior Center; counting money, tracking attendance numbers and meals served; washing trays and pans from meal deliveries; and other duties as assigned.

Following a brief period of question and answer the Chair thanked Ms. Novak and Mr. Haynes for a fine presentation of the Recovery Support and Advocacy program.

## **5 Mental Health Director's Report**

Fall Harvest Family Care Home Picnic – Ms. Hoss referencing the informational flyer presented, invited the Board to the Family Care Home Picnic scheduled for October 1, 2004 from 10:30 to 1:30 on the front lawn at the Mental Health Facility. In response to a request, the Executive Secretary was asked to invite the media, if appropriate, to this event.

Sutter County Blood Drive – Ms. Hoss said that on October 25, 2004, Sutter County will host a Blood Drive from 10:00 am to 3:00 p.m. Requests for information about donating should be directed to Jean Stump.

Recruitment Activities – Ms. Hoss announced that on September 21, 2004, Dr. Joe Cosgrove would join the staff at Mental Health as the new Clinical Director on the PHF. Dr. Zhila Haghbin, the former Clinical Director will transfer to Adult Outpatient as a Staff Psychiatrist.

DMH On-Site Review – Ms. Hoss said she was pleased to report that SYMHS experienced no financial recoupment as a result of the DMH On-Site Review held during the week of August 2, 2004. Although SYMHS was in compliance with over 500 elements in the protocol, there were four (4) technical areas where SYMHS was in partial compliance and, therefore, in need in correction. Overall, Ms. Hoss said the review went very well considering that SYMHS was the first in the state to be evaluated with a new protocol.

Other reviews by DMH recently held or scheduled included TBS (Therapeutic Behavioral Services) held on June 2, 2004 and the upcoming EPSDT review (Early & Periodic Screening, Diagnosis and Treatment). The EQRO (External Quality Review Organization) will look at SYMHS's PIP's (Performance Improvement Projects) in April 2005.

## **6 Public Comment**

There was no public comment.

## **7 Old Business**

No old business was brought before the Board.

## **8 New Business**

CALMH/B&C Dues Request: It was agreed this item will be calendared for action at the October Board Meeting.

## **9 Information & Correspondence**

Prop 63 Initiatives: Following reference to activities related to the Mental Health Initiative on the November ballot (Prop 63) by Board Member Hubbard, the Chair said this item would be discussed at the next Executive Committee Meeting.

## **10. Adjournment**

There being no further business brought before the Board, the meeting was adjourned by the Chair at 6:35 p.m.

Respectfully submitted,

Jean Stump  
Executive Secretary