

SUTTER-YUBA
SUBSTANCE ABUSE ADVISORY BOARD
1965 Live Oak Boulevard
Yuba City, CA 95991
(530) 822-7200

Tuesday, January 20, 2004
Sutter-Yuba Mental Health Conference Room
3:00 p.m.

1. Call to Order

Chairperson Deborah Coulter called the meeting to order at 3:10 p.m. and welcomed everyone to the meeting including Amber Kesterson of the California Fetal Alcohol Spectrum Organization, and the guest speaker for the evening, Wendy McGowan of Salvation Army.

2. Roll Call

The following Members were present:

Sutter County Supervisor Larry Munger, Chairperson Deb Coulter, Vice Chair Margaret Kershaw, Secretary Patricia Allen, Teresa Griffin, Margery Hubbard, Stephen Johnson, Keith Pinckney, Bob Swift, and Terry Single

The following Board Members were absent:

Yuba County Supervisor Dan Logue

The following Board Member was excused:

Jay Alexander

3. Introduction of Guest Speaker

The Chair called upon Ms. Wendy McGowan, Administrative Assistant, to present a program overview of the Depot Family Crisis Center on behalf of Jim Rhoades who recently resigned from Salvation Army.

At the outset, Ms McGowan said that Salvation Army started in the Yuba-Sutter area in 1894, and through the years offered a number of programs geared to assist individuals and families in need. In 1990, the Salvation Army Depot Family Crisis Center opened its doors primarily to families who desired a practical way to recover from financial, relational or personal troubles. Since then, the Depot has helped many homeless and substance abusing individuals including single women, and men and women with children to achieve success and independence.

The program offers needs assessment for education, finances, family relationships, substance abuse and mental health issues. Services, Ms. McGowan said including counseling, case management, peer-group counseling, life skills training for parents and basic health essentials, vocational training, and job search training. The program also offers transitional housing for clients to help them achieve self-sufficiency.

In response to a question posed, Ms. McGowan said the Depot did not serve single men. She also responded that at present, there were 27 adults and children being served. Housing consisted of two dorm rooms, seven small single family rooms and two large family rooms.

In response to another question posed, Ms. McGowan described the process to enter the Depot, noting that its success rate was somewhere between 70% & 80%. When clients leave the Depot, they leave with a clear understanding of what caused their problems, tools that will help them avoid making similar mistakes and a support system to help maintain their new lifestyle.

In concluding her presentation, Chairperson Coulter thanked Ms. McGowan for a most informative presentation of the Depot Family Crisis Center operated by Salvation Army.

4. Approval of Minutes

Supervisor Munger moved to approve the minutes of the November 18, 2003 meeting of the Substance Abuse Advisory Board. The motion was seconded by Secretary Patricia Allen and was carried by a unanimous voice vote of the members present.

Vice Chair Margaret Kershaw moved to approve the minutes of the December 16, 2003 meeting of the Substance Abuse Advisory Board. The motion was seconded by Board member Bob Swift and carried by a unanimous voice vote of the members present.

5. Drug and Alcohol Administrator's Report

Mental Health Budget Adjustments in the Governor's Proposed Budget for 2004-05

Initially, Ms. Hoss provided a brief overview of the preliminary budget adjustments in the Governor's proposed budget for 2004-05 by noting that Alcohol and Drug funding appeared to remain stable with no substantial cuts in funding. However, funding for Children's System of Care was slated to be eliminated, although it was her intent to not discontinue the program but rather integrate the program services with other youth services programs.

In response to a question posed by the Chair, Ms. Hoss said the Psychiatric Emergency Facility (PHF) is not affected by the hospital nursing to patient ratio, noting that Sutter-Yuba Mental Health exceed the requirements established for the PHF by the Department of Mental Health..

Recommendation to Reallocate Funds to Provide Outpatient Substance Abuse Treatment for Adolescents

Resuming last month's discussion regarding her proposal to reallocate funds to provide for outpatient substance abuse treatment for adolescent, Ms. Hoss distributed an analysis and a proposal by addressing requested information regarding residential care expenditures over the past year, how many clients were served; and how diverting some of the funding from residential treatment would affect the program.

In response to questions posed, Ms. Hoss provided an overview of how the diverted funds would be used, noting the proposed program would be modeled after the Cannabis Youth Treatment Program, which was a science-based program that was fairly time-limited.

In response to a question posed by Board Member Swift, Ms. Hoss said there were alternatives for adults seeking substance abuse treatment either through other residential treatment facilities or through intensive outpatient treatment at Options.

In summary, Ms. Hoss asked the Board to consider discontinuing the contract with FICS in the amount of \$126,000, as well as diverting an additional \$50,000 in funds currently used for adult residential treatment services to fund an intensive, outpatient treatment program for youth as referred by the Courts, CPS and the schools.

Board Member Keith Pinckney moved to approve the recommended proposal as submitted by Ms. Hoss to support an intensive outpatient treatment program for adolescents. The motion was seconded by Vice Chair Kershaw and carried by the following vote:

*Ayes: Patricia Allen
Teresa Griffin
Margery Hubbard
Margaret Kershaw
Bob Swift
Larry Munger
Deb Coulter
Stephen Johnston
Keith Pinckney*

Noes: Terry Single

Abstain: None

Absent: Supervisor Dan Logue and Board Member Jay Alexander

Board Member Single expressed his concern that no information was provided regarding how many adolescents could be expected to receive services under this proposal. In response, Ms. Hoss noted this information would be provided at a future meeting.

Continuing, Ms. Hoss presented an additional proposal by asking the Board to consider diverting an additional \$50,000, currently used for adult residential treatment to fund an additional Intervention Counselor to enhance intensive outpatient services for non-SACPA eligible adults.

Because this proposal had not been included for action on the agenda, it was suggested and agreed that this matter would be placed on the agenda for action at the February meeting.

6. Drug and Alcohol Program Manager's Report

In the absence of the Drug and Alcohol Program Manager, Thomas Metcalf, no report was given.

7. Public Comment

There was no public comment offered.

8. Old Business

There was no old business brought before the Board.

9. New Business

Board Member Single solicited suggestions from the Board to help fund the Prevention Counselors at Yuba City Unified School District headed by Angela Caldwell. A suggestion offered included soliciting funds from a private foundation.

10. Adjournment

There being no further business, the meeting was adjourned by the Chair at 4:25 p.m.

Respectfully submitted,

Jean Stump
Executive Secretary

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