

## *MINUTES*

Thursday, November 21, 2002  
Mental Health Conference Room  
5:30 p.m.

### **1. Call to Order**

The meeting was called to order by Chairman Single at 5:39 p.m. who then welcomed everyone to the meeting. Subsequently, he introduced Kay Joseph, a probation officer with Yuba County and Ms. Laura DiBartolo, the Adult Program Manger, the guest speaker for the evening.

### **2. Roll Call**

In the absence of a Board Secretary, Chairman Single suggested that self introductions be offered and noted that the following members were present:

Board Members Bonna Bock, Laurie Dennis, Cara Herger, Inez Spence, and Chairman Single. (Board Members Dr. Charles Clement and Keith Pinckney arrived subsequent to the roll call.)

The following members were absent:

No members were absent :

The following members were excused:

Sutter County Supervisor Dan Silva and Yuba County Supervisor Mary Jane Griego

Also in attendance was the Program Chief, Lynn Tarrant, standing in for the Mental Health Director Joan Hoss and the Executive Secretary Jean Stump.

### **3. Introduction of Guest Speaker**

Laura DiBartolo was then called upon to present a program update on Adult Services including an overview of the Cooper Commons Supportive Housing Complex which became operational in August.

Referencing the handouts provided the Board, Ms. DiBartolo presented an overview of the Adult Outpatient Services available included: **Adult Outpatient Treatment**, a program that offers many different types of group therapy, information, and medication services for adults with serious psychiatric disabilities; **Day Treatment for Adults**, a program whereby treatment is delivered in structured groups that support an individual's ability to be self-

sufficient; **Day Treatment for Children and Adolescents**, a program that operates in conjunction with school ED classrooms that use a variety of therapeutic interventions to help youth function more effectively; **Homeless Mentally Ill (HMI)** a day center operated by the Salvation Army for individuals with serious psychiatric disabilities to provide socialization activities, payee services; as well as providing food, clothing and shelter on a limited basis; and, **Community Support Services**, a program that offers resources for adults who live independently or in family care homes who require periodic follow-up care.

Referencing the Copper Commons Supportive Housing Complex which has been in operation for three months, Ms. DiBartolo said it has proven to be very successful as it has given clients the ability to become independent. Potential tenants are assessed for independent functioning strengths and deficits, stability and compatibility. Services provided by Mental Health focus on independent living skills, such as money management, cleaning, laundry, meal preparation, shopping, hygiene, local resources and services, emergency information, medication, social recreation planning and staying employed. The housing, Ms. DiBartolo said, is a safe, drug-free environment that has ongoing over-site by three mental health staff. Currently, there 9 tenants, 7 men and two women and rent ranges from \$275 to \$320 per month.

Commenting on the Open House earlier in the day, Board Member Dennis said she was impressed with facility, especially the “home-like” living conditions and the care given to it by the tenants who seemed very proud of their new surroundings.

In response to a question by Board Member Spence, Ms. DiBartolo said the apartment units were furnished very nicely, although there were a couple of items that have been requested, namely a VCR, a vacuum cleaner and a crock pot.

Commenting on other business, Ms. DiBartolo said that SYMHS clients would receive an early “Thanksgiving” dinner on Friday, November 22<sup>nd</sup> and that the annual Client Holiday Party was scheduled for Thursday, December 5, 2002 at the Veteran’s Hall and invited member of the Board to participate if possible.

Following the presentation, Chairman Single thanked Ms. DiBartolo for a most informative review of her program and of activities underway.

#### **4. Approval of Minutes**

*Board Member Dennis moved to approve the minutes of July 18, September 19 and October 17, 2002. The motion was seconded by Board Member Bonna Bock and carried by a unanimous voice vote of the members present.*

#### **5. Mental Health Director’s Report**

In the absence of the Mental Health Director Joan Hoss, Program Chief Lynn Tarrant provided an update of the Program Goals for FY 2002-03 recently developed (copies provided the Board) which included: Administration; Adult Outpatient Services; Alcohol and Drug Services; Business Office and Medical Records; Children’s System of Care and Youth Services; Psychiatric Health Facility (PHF) Program; and, Psychiatric Emergency Services (PES).

## **6. Public Comment**

Kay Joseph expressed her appreciation to the Children's Program staff, especially Lynn Tarrant who intervened earlier in the day to offer privacy for the adolescent she brought in (who was in handcuffs) earlier in the day.

## **7. Committee Reports**

There were no Committee Reports given.

## **8. Old Business**

*Board Member Bonna Bock moved to ratify the appointment of Laurie Dennis to the vacant Consumer Seat representing Sutter County. The motion was seconded by Board Member Inez Spence and carried by a unanimous voice vote of the members present.*

## **9. New Business**

*Board Member Laurie Dennis moved to ratify the appointment of Cara Herger to the Mental Health Board. The motion was seconded by Board Member Bonna Bock and carried by a unanimous voice vote of the members present.*

## **10 Announcements and Correspondence**

A nominating Committee, composed of Board Members Keith Pinckney, Bonna Bock and Inez Spence was appointed to consider candidates to fill the vacant Secretary position

## **11. Adjournment**

*There being no further business, Board Member Keith Pinckney moved to adjourn the meeting at 7:01 pm. The motion was seconded by Board Member Laurie Dennis and carried by a unanimous voice vote of the members present.*

Respectfully submitted,

Jean Stump, Executive Secretary