

Mental Health Services Act

Prevention and Early Intervention (PEI) Component “Underserved Cultural Populations”

**Sutter-Yuba Mental Health Services
Hmong Center
4853 Olivehurst Ave.
Olivehurst, CA 95961**

Minutes

**Date: May 22, 2007
Time: 5 p.m. to 7 p.m.**

Facilitators:

**Chair: and Co-Chair
Beverly Griffith, Ethnic Services Coordinator and Mai Van, ASW
Paul Moua, Hmong Interpreter**

Committee Participants

**Chao Her, Yuba County Social Services
Hmong Community Stakeholders**

Call to Order and Roll Call

Meeting was called to order and self-introductions were offered

Discussion

Beverly gave an overview of Mental Health Services Act - Prevention and Early Intervention (PEI) services, PEI guidelines. The planning process and community survey results were discussed.

The Hmong stakeholders were asked what was important to them Community stakeholders were very forthcoming and expressed the great need of the Hmong community. Concerns included: School failure, bullying, homelessness, unemployment, incarceration, removal of children from homes, and not being able to speak the same language as the foster parents, trauma issues, long-term sufferings, stigma, depression and suicide.

Stakeholders stated that they feel isolated; contributing factors included language barriers, stigma, lack of transportation, acculturation issues.

Stakeholders listed various prevention and early interventions services that they though would be helpful to them including; In school mentoring programs, after school programs for youth/children, Hmong literacy / Basic English language classes, programs to strengthen the family, including

parenting skills and reduction of intergenerational conflicts, foster parent training, extended hours at the MHSA Hmong Wellness Community Center, more opportunities for socialization/recreational activities, assistance with transportation, job referrals/ placement.

The Hmong stakeholders stated that they would like to have the Hmong television and radio stations used to education and inform about mental health issues, prevention and early intervention issues. Some stations mentioned included:

- Sacramento Radio Station: KJAY 1430 AM. 9:00 AM – 8:00 PM
- Chico Radio Station: 90.1 AM every Saturday from 7:00AM – 9:00 AM
- Local (Marysville & Yuba City) 1410 AM from 9:30 AM – 10: 00 AM

Hmong stakeholders also stated that the stigma of mental health often creates barriers, and suggested that future mental health meetings should be advertised as Hmong community meetings to increase the attendance.

The Hmong stakeholders were thanked for their input and participation in the PEI planning process.

Next Meeting

TBA

Adjourn:

The meeting adjourned at 6:50 p.m.

Respectfully submitted,

Beverly Griffith
Work Group Committee Chair