

# Mental Health Services Act

## Prevention and Early Intervention (PEI) Component “Trauma-Exposed Individuals of All Ages”

Sutter-Yuba Mental Health Services  
Valley Oak Conference Room  
1965 Live Oak Blvd  
Yuba City, CA 95991

### *Minutes*

Thursday, May 15, 2008

#### **Facilitators:**

**Chair: Nancy Lee, Ph.D.**  
**Co-Chair Margery Hubbard**

#### **Committee Participants**

Kelly Scott, CSOC TAY Program  
Frank Sorgea, YC Juvenile Hall, Camp Singer  
Betty Nelson, Casa de Esperanza  
Carrie Barlean, Sutter County Probation  
Joyce Ash, Yuba County Human Services  
Adam Rentas, Crossroads Church  
Charles Ernst, Yuba City P.D.

#### **Call to Order and Roll Call**

The meeting was called to order and self-introductions were offered.

It was noted that this would be the final meeting for this workgroup. Subsequently, informational materials were distributed on the PEI processes and trauma-informed CBT. The Committee Participants were asked for proposals for needed services in the community. The results were as follows:

1. Adolescent drug and alcohol screening and early intervention for those with beginning substance use, not yet rising to the juvenile justice system
2. An intervention team to respond immediately to adolescents in crisis with either mental health or substance abuse issues
3. Partnerships with local churches, schools, recreational facilities, etc. to provide additional intervention
4. Volunteer opportunities for teens
5. Strengthening Family groups spread throughout the counties to engage families with trauma (domestic violence, substance abuse, children in foster care, etc.)

6. Outreach to special adolescent populations not currently well served (ethnic, GLBT, disabled, etc.)
7. Outreach (part-time services offered) at remote rural settings
8. Incorporation of the trauma-informed CBT model at multiple settings

In conclusion the Committee Participants were thanked for their input and informed they would be notified regarding decisions for PEI funding

**Adjournment:**

Respectfully submitted,

Nancy Lee  
Work Group Committee Chair