

# **Mental Health Services Act Prevention and Early Intervention (PEI) Component**

## ***“Individuals Experiencing the Onset of Serious Psychiatric Illness”***

**Sutter-Yuba Mental Health Services  
Valley Oak Conference Room  
1965 Live Oak Blvd  
Yuba City, CA 95991**

### ***Minutes***

**Wednesday, April 30, 2008**

**5:00 pm to 7:00 pm**

#### **Facilitators:**

**Chair: Linda K. Loos, Ph.D., Doug Bond, MFT**

**Co-Chair: Ardythe Price**

#### **Committee Participants:**

**Wes Estes, Peer Mentor**

**Jolie Carreon, MJUSD**

**Beth Snider, Better Day Adult Center**

**Richard Watters, Better Day Adult Ctr**

**Sandra Turnbull, Program Manager**

**Beverly Griffith, Staff Analyst**

**Bruce Numoto, FICS**

**Leah Eneix, Foster Parent Association**

#### **Call to Order and Roll Call**

Meeting was called to order and self-introductions were offered.

#### **Meeting Discussion:**

1. Participants were provided with informational materials concerning Prevention and Early Intervention, including resource references identifying “best practices” and “promising practices” programs.
2. The Sutter-Yuba Mental Health Services PEI Survey results were briefly reviewed with participants.
3. The Mental Health Services Act planning process and funding amounts for PEI were briefly reviewed with participants.
4. Group discussion: Participants discussed challenges experienced in the educational system obtaining preventative and therapeutic services for young persons. Several participants indicated that school personnel/teachers would like additional readily available services for students at risk, particularly counseling and anger management services. School personnel are generally aware of which students might be having difficulties, but are often challenged to find appropriate and speedy services for these young people.
5. Participants discussed some of the challenges of the Independent Living Program at Yuba College, which serves foster youth 15 ½ to 21 years of age.

6. We also discussed the adult day program “A Better Day”. This all-inclusive program provides support for older adults including nursing, therapy, transportation, dietitian, and activities.
7. In response to the question, “Who else do we need to have involved in this planning process?” participants indicated they would like to see representatives from Victim Witness, the Rescue Mission, Albert Powell and Feather River Academy, The Depot, Casa de Esperanza, Juvenile Hall, Law Enforcement, local Fire Departments, IHSS, Yuba City Unified School District. Participants were asked to contact persons from these agencies or the greater community who might be interested in participating in the PEI planning process.
8. We discussed the “Teen Screen” and “Voice Disk” programs which might be implemented in a variety of community settings to help identify young people potentially “at risk” for either suicide or early onset of serious psychiatric illness.
9. Doug Bond indicated he had requested additional information concerning the Teen Screen and Voice Disk.

### **Next Meeting**

The next meeting will be held on Wednesday, May 14, 2008 starting at 8:30 am. Location will be the Marysville Joint Unified School District at 1919 “B” Street in Marysville. Thank you to Jolie Carreon for making this meeting space available.

Respectfully submitted,

Linda Loos, Ph.D.  
Work Group Committee Co-Chair