

July 19, 2005

## STAFF REPORT

**MEMO TO: SUTTER COUNTY CHILDREN & FAMILIES COMMISSION**  
**FROM: DEB COULTER, EXECUTIVE DIRECTOR**  
**SUBJECT: PARENTING CLASSES-NEW PARENT KITS**

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**BACKGROUND:** In a focus group held to discuss the distribution of the New Parent Kits the idea was suggested of offering parenting classes that focused on the New Parent Kit videos and parent guide. Other Commissions have found this to be a successful way to distribute and increase the use of the New Parent Kits. The idea of parenting classes was also discussed at the July Study Session. The executive director has contacted the Yuba City Parks and Recreation department regarding including the parenting classes in their community classes.

**CURRENT PROPOSAL:** It is proposed that the Commission partner with the Yuba City Parks and Recreation department to provide parenting classes focusing on the New Parent Kit to the community. The classes will start on September 29, 2005 and run through November 3, 2005 and will be held in the evening. Each participant in the class will receive a New Parent Kit and instruction focusing on the videos and parent guide included in the kit. The classes will be instructed by professionals. There will be a minimal cost for the six week session of \$10 per participant. The classes will be advertised in Yuba City publications, PSA's, on the Commission and Sutter County web pages, newspaper advertisements and flyers to be distributed throughout the County. The classes will also be advertised on the new Commission television program on Channel 19. Yuba City Parks and Recreation Department will be providing the class site and handling enrollment of students.

**RECOMMENDATION:** It is the recommendation of the Executive Director that the Commission approve funding to hire professionals to instruct the Parenting classes.

**IMPACT ON COMMISSION RESOURCES:** Maximum of \$3500.00

**POLICY ACTION REQUESTED:** Approval of Executive Director's recommendation.

DC:bd